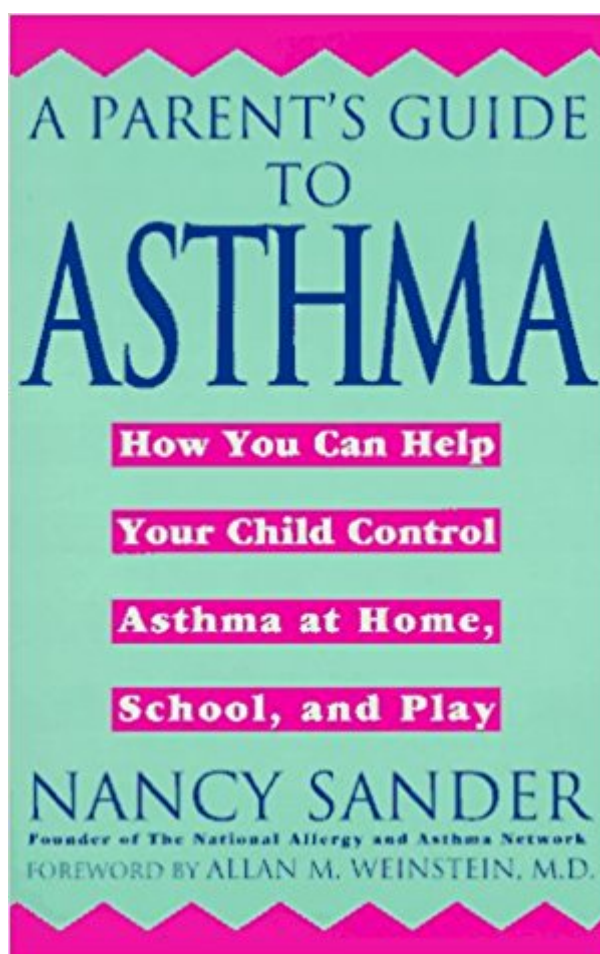


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# A Parent's Guide To Asthma: How You Can Help Your Child Control Asthma At Home, School And Play



## Synopsis

Asthma is the leading cause of missed school days in America. Here, the president of Allergy and Asthma Network/Mothers of Asthmatics, Inc. shares her expertise on every aspect of this debilitating condition--from finding a good doctor to allergy-proofing your home to regulating sports and activities for affected children. Line drawings.

## Book Information

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Average Customer Review: 4.3 out of 5 stars 3 customer reviews

Best Sellers Rank: #4,665,869 in Books (See Top 100 in Books) #31 in Books > Health, Fitness & Dieting > Children's Health > Asthma #99 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Asthma #36528 in Books > Parenting & Relationships > Parenting

## Customer Reviews

Sander, founder of the newsletter-linked network "Mothers of Asthmatics," has drawn extensively on her own experience: her daughter (one of four children) has suffered from asthma and multiple allergies since birth. But this is not one of those all-too-common let-me-inspire-you works. While warmly supportive and including ring-true tales of both the author's and other articulate parents' trials, the guide also rests on solid medical ground. The mechanics of asthma are clearly and thoroughly explained, as are various tests, treatments and devices (e.g., nebulizers). As Sanders urges, good medical care is a must, and she offers priceless advice on finding and dealing with doctors. Most important, her book is home- and family-centered, offering practical pointers on matters ranging from allergy-proofing the home and juggling food-sensitivity-based menus to planning vacations and confronting sibling and classmate clashes. An extensive resource list includes literature (for both parents and kids), product sources (the text describes trial runs of three different "allergy vacuums"), organizations and medical centers. Illustrations not seen by PW. Copyright 1989 Reed Business Information, Inc. --This text refers to an out of print or unavailable edition of this title.

Originally published in 1989, this is a classic for parents of asthmatics. Sanders, founder of the National Allergy and Asthma Network/Mothers of Asthmatics, offers parents coping strategies and support. Highly recommended. Copyright 2000 Reed Business Information, Inc.

The book arrived on time. It has a lot of good information. I would def. recommend it to not only a parent with a child with asthma, but to anyone who would like to learn about asthma. I learned a lot from reading the book. I'm happy I bought it =).

This book has some very practical advice for eliminating asthma triggers in the home and how to prevent flare-ups at school, summer camp etc. The book was printed in 1994, so it is ten years old, and there are new medicines and puffers available today, but the theory in the book still applies and it was very helpful. 3 out of 5 stars

I read this book three times already and each time I find something new. I am 15 years old and have asthma. The book helped me to understand the importance of taking my medications and letting people know when I need to go to the doctors or hospital.

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The Everything Parent's Guide to Children with Asthma: Professional advice to help your child manage symptoms, be more active, and breathe better  
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